

# Expend O Lord my plaint of word

*The sixth tune*

(alternative barring)

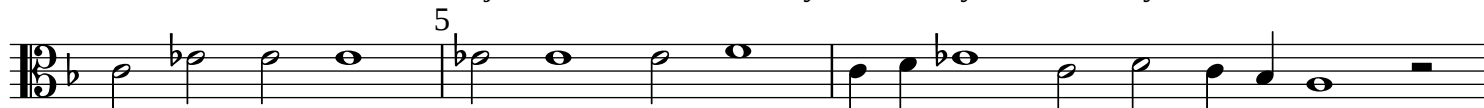
Archbishop Matthew Parker (1504-1575), Psalm 5

Thomas Tallis (c.1505-1585)

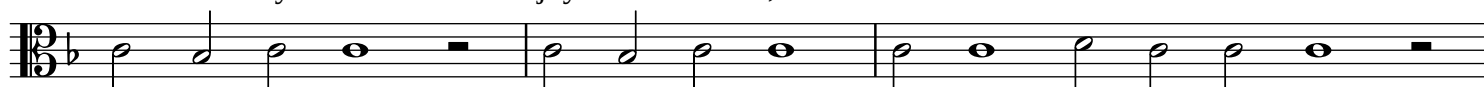
Contratenor (part 2 of 4)



Ex - pend O Lord, my\_ plaint of word, in grief that\_ I do make;  
My voice and vow thou\_ wilt al - low, be-times, O\_ Lord so free;  
Let them re-joyce that\_ trust thy Voice, aye thanks they\_ shall ex - tend;



my mu - sing mind re - count most kind, give ear for thine own sake.  
in spring of day I thee will pray, and shall look up to\_ thee.  
who love thy Name shall joy the same, thou dost so them de - fend.



O hark my groan, my cry - ing moan, my King, my God thou art;  
This I may vow, the God art thou which hat'st all wic - ked - ness;  
Thou, Lord, wilt then give right-wise man the heav'n - ly bliss from thence;

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let me not stray from thee a - way: to thee I\_ pray in heart.  
no ma-lice fell with thee can dwell, thou lov - est\_ no cruel-ness.  
thy fa - vor kind is not be-hind, as them with\_ shield to fence.